



...

Good clinical practice a tool to refine fish research

- an assessors view

Hanne Bergendahl
Senior adviser, DVM
Norwegian Medicines Agency

Gardermoen 24.05.05



... Good clinical practice

- **Directive 2001/82/EC on the Community code relating to veterinary medicinal products**
- **Application for a marketing authorisation (MA)**
 - Administrative data
 - Quality
 - Safety
 - Efficacy
- <http://www.emea.eu.int/index/indexv1.htm>



... Good clinical practice

- **”Small” markets for veterinary medicinal products**
- **VICH: The International Cooperation on Harmonisation of Technical Requirements for Registration of Veterinary Medicinal Products**
- **Authorities’ and industry’s cooperation**
 - EU, US, Japan, (Canada, Australia and New Zealand)
 - VICH Guidelines replace EU-guidelines
 - Harmonisation of technical requirements.
 - Trials to document medicinal products performed in such a way that they will be accepted in EU/USA/Japan



... Good clinical practice

- **Good manufacturing practice (GMP) - Quality**
- **Good laboratory practice (GLP) – Safety**

- **Good Clinical Practice (GCP) – Efficacy**
 - ALL CLINICAL FIELD TRIALS SHOULD BE CARRIED OUT ACCORDING TO GCP



... Good clinical practice

- **All clinical field trials should be carried out according to GCP**
- **GCP- VICH GUIDELINE 9 (step 7 Consensus Guideline)**
- **Objective of the GCP-guideline**
 - International ethical and scientific quality standard for clinical studies evaluating veterinary products



... Good clinical practice

– <http://www.emea.eu.int/index/indexv1.htm>

Or

– <http://vich.eudra.org/>



... Good clinical practice

- **Guidance on the design and conduct of all clinical studies of veterinary products in the target species**
- **Ensure accuracy, integrity and correctness of data**
- **Public assurance about the integrity of the study data, due regard to animal welfare, protection of personnel, the environment and human and animal food chain**
- **Deviations from the Guideline to be justified**



... Good clinical practice

- **Contents of the GCP-guideline**
 - Glossary
 - The principles of VICH GCP
 - The Investigator
 - The Sponsor
 - The Monitor
 - The Study Protocol
 - The Final Study Report
 - Study Documentation



... Good clinical practice

- **Some key factors for GCP**
 - SOPs
 - Personnel - qualified and trained
 - Protocol – Review, Compliance
 - Selection of study animals
 - Informed consent
 - Record forms – accurate and clear case
 - Quality control checks
 - Accurate report
 - Reporting of adverse events



... Good clinical practice

- **Pre established written procedures (SOPs)**
 - To facilitate consistency in the performance of a specific function
 - A way of reducing/controlling the systematic errors
 - Avoid unnecessary repetition of definitive studies
 - A systematic framework of the study
 - Facilitate reviews of the study



... Good clinical practice

- **Personnel**
 - Qualified and trained for their task
 - Each individual involved is important
 - **Sponsor**
 - **Monitor**
 - **Investigator**
 - **Others – staff, animal owner, laboratory personnell etc**
 - Interactions between the various individuals involved to be recorded
 - Confidentiality
 - Discipline
 - Precision



... Good clinical practice

- **Protocols**
 - Design
 - Execution
 - Evaluation
- **Review**
- **Compliance**
- **Report**



... Good clinical practice

- **Design**
 - Guideline on statistical principles for veterinary clinical trials
EMA/CVMP/816/00 - Final



... Good clinical practice

- **Protocols**
 - Design
 - Execution
 - Evaluation
- **Review**
- **Compliance**
- **Final report**
 - Accurate
 - Comprehensive – complete description of objectives, methods, experimental materials, study results
 - Critical evaluation of results



... **Good clinical practice**

- **Selection of study animals**
- **Informed consent from owners**
- **Quality control checks and internal audits**
- **Reporting of adverse events**



... Good clinical practice

- **Some of NOMA's experiences in the Vet field**
 - Lack of laboratory and/or semi-field trials
 - Protocols - Lack of information
 - Discrepancies between protocols and reports
 - Statistics : does not take advantage of the “luxury” of having large populations
 - Too many variables – difficult interpretation of the results
 - Sampling : Large trials – sampling inadequate
 - Design - not suitable for the purpose
 - Time restraints – miss useful information
 - Lack of follow-up of outstanding questions



... Good clinical practice

- **Authorities open for a dialogue**
 - Planning of trials
 - Interpretation of Guidelines